

CEU ALERT SERVICE FOR MUHC NURSES DECEMBER 2015

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ABDOMINAL EXAMINATION

Longpré, S., C. G. D'Onofrio, et al. (2015). "[Comprendre et procéder à l'examen de l'abdomen.](#)" Perspective Infirmière **12**: 31-37.

- Test: online at [MISTRAL](#) website.
- Cost: \$ 21.34 for OIIQ members, \$ 30.48 for non-members
- Registration deadline: none
- Valid for **2.0 accredited hours**

CRITICAL CARE NURSING

Mullen, J. E., M. R. Reynolds, et al. (2015). "[Caring for Pediatric Patients' Families at the Child's End of Life.](#)" Critical Care Nurse **35**(6): 46-56.

Nurses play an important role in supporting families who are faced with the critical illness and death of their child. Grieving families desire compassionate, sensitive care that respects their wishes and meets their needs. Families often wish to continue relationships and maintain lasting connections with hospital staff following their child's death. A structured bereavement program that supports families both at the end of their child's life and throughout their grief journey can meet this need.

- Test: Included with article
- Cost: free for AACN members, \$ 10.00 (USD) for non-members
- Registration deadline: December 1, 2018
- Valid for **1.0 accredited hour**

Stausmire, J. M. and C. Ulrich. (2015). "[Making It Meaningful: Finding Quality Improvement Projects Worthy of Your Time, Effort, and Expertise...second of a 4-part quality improvement.](#)" *Critical Care Nurse* **35**(6): 57-62

This article is the second of a 4-part quality improvement resource series for critical care nurses interested in implementing system process or performance improvement projects. The article is a brainstorming session on paper, written to assist nurses and managers in identifying possible quality improvement projects that are meaningful to them and will make a real difference in their critical care units. Every unit and institution has its own unique mix of resources, culture, physical environment, patient population, technology, documentation processes, health care providers, and multiple other factors. Thus specific patient care and safety challenges must be identified and prioritized individually for quality improvement by each unit. Projects also must be manageable and within the scope of time, effort, and expertise available--no quality improvement project is "too small" if it is applicable to your critical care area and will improve outcomes.

- Test: Included with article
- Cost: free for AACN members, \$ 10.00 (USD) for non-members
- Registration deadline: December 1, 2018
- Valid for **1.0 accredited hour**

EMERGENCY NURSING

Read the following **2 articles** and do the "Research Test Questions":

Smith, D. T., A. Snyder, et al. (2015). "[Analyzing the Usability of the 5-Level Canadian Triage and Acuity Scale By Paramedics in the Prehospital Environment.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 489-495.

McGrath, J., A. LeGare, et al. (2015). "[The Impact of a Flexible Care Area on Throughput Measures in an Academic Emergency Department.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 503-509.

- Test: (2015). "[Research Test Questions.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 544-545.
- Test instructions: (2015). "[Earn Up to 8.0 Contact Hours by Reading the Designated Articles and Taking These Post Tests.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 542.
- Test enrollment form: (2015) "[CE Enrollment Form.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 547.
- Cost: \$ 18.95 (USD) for ENA members, \$ 22.95 (USD) for non-members
- Registration deadline: November 30, 2017
- Valid for **2.5 accredited hours**

Read the following **6 articles** and do the "Clinical Test Questions":

Delaney, M., J. Pepin, et al. (2015). "[Emergency Department Delirium Screening Improves Care and Reduces Revisits for the Older Adult Patient.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 521-524.

Valdez, A.M. (2015). "[First Do No Harm: Prevention Strategies for Influenza Season.](#)" *JEN: Journal of Emergency Nursing* **41**(6): 525-527.

Gurney, D. (2015). "[Mental Status Changes-A Red Flag](#)". *JEN: Journal of Emergency Nursing* **41**(6): 538-539.

Gawlikowski, A. E., A. E. Barsoumian, et al. (2015). "[Intravenous Morphine Sulfate versus Intravenous Tramadol for Acute Pain in the Afghan National Security Forces](#)". *JEN: Journal of Emergency Nursing* **41**(6): 533-535.

Rideout, L. C., P. A. Normandin. (2015). "[Pediatric Post-Traumatic Stress Disorder](#)". *JEN: Journal of Emergency Nursing* **41**(6): 531-532.

Ferrell, C. (2015). "[Anaphylactic Reaction to Methylprednisolone](#)." *JEN: Journal of Emergency Nursing* **41**(6): 470-473.

- Test: (2015). "[Clinical Test Questions](#)". *JEN: Journal of Emergency Nursing* **41**(6): 543-544.
- Test instructions: (2015). "[Earn Up to 8.0 Contact Hours by Reading the Designated Articles and Taking These Post Tests](#)." *JEN: Journal of Emergency Nursing* **41**(6): 542.
- Test enrollment form: (2015) "[CE Enrollment Form](#)." *JEN: Journal of Emergency Nursing* **41**(6): 547.
- Cost: \$ 26.95 (USD) for ENA members, \$ 31.95 (USD) for non-members
- Registration deadline: November 30, 2017
- Valid for **4.0 accredited hours**

Read the following article and do the "Practice Improvement Test Questions":

Martin, H. A., and S. M. Ciurzynski. (2015). "[Situation, Background, Assessment, and Recommendation–Guided Huddles Improve Communication and Teamwork in the Emergency Department](#)." *JEN: Journal of Emergency Nursing* **41**(6): 484-488.

- Test: (2015). "[Practice Improvement Test Questions](#)". *JEN: Journal of Emergency Nursing* **41**(6): 545-546.
- Test instructions: (2015). "[Earn Up to 8.0 Contact Hours by Reading the Designated Articles and Taking These Post Tests](#)." *JEN: Journal of Emergency Nursing* **41**(6): 542.
- Test enrollment form: (2015) "[CE Enrollment Form](#)." *JEN: Journal of Emergency Nursing* **41**(6): 547.
- Cost: \$ 13.95 (USD) for ENA members, \$ 16.95 (USD) for non-members
- Registration deadline: November 30, 2017
- Valid for **1.5 accredited hours**

GERONTOLOGIC NURSING

Bowen, P. G., and O. J. Clay. (2015). "[Associations of Social Support and Self-Efficacy With Quality of Life in Older Adults With Diabetes](#)." *Journal of Gerontological Nursing* **41**(12): 21-29.

Older adults are disproportionately affected by diabetes, which is associated with increased prevalence of cardiovascular disease, decreased quality of life (QOL), and increased health care costs. The purpose of the current study was to assess the relationships between social support, self-efficacy, and QOL in a sample of 187 older African American and Caucasian individuals with diabetes. Greater satisfaction with social support related to diabetes (but not the amount of support received) was significantly correlated with QOL. In addition, individuals with higher self-efficacy in managing diabetes had better QOL. In a covariate-adjusted regression model, self-efficacy remained a significant predictor of QOL. Findings suggest the potential importance of incorporating the self-efficacy concept within diabetes management and treatment to empower older adults living with diabetes to adhere to care. Further research is needed to determine whether improving self-efficacy among vulnerable older adult populations may positively influence QOL.

- Test: online at [Villanova University Website](#)
- Test instructions: (2015). "[CNE QUIZ](#)". Journal of Gerontological Nursing **41**(12): 30-31.
- Cost: \$ 20.00 (USD)
- Registration deadline: November 30, 2018
- Valid for **1.2 accredited hours**

Bortz, K. L. (2015). "[Creating a Geriatric-Focused Model of Care in Trauma With Geriatric Education](#)." Journal of Trauma Nursing **22**(6): 301-305.

The article discusses strategies of Allentown, Pennsylvania's Lehigh Valley Health Network (LVHN) in caring for the increasing number of geriatric trauma patients. The plans include the incorporation of geriatric education for nurses called Nurses Improving Care for Healthsystem Elders (NICHE), partnering with health professionals during daily collaborative rounds, and encouraging geriatric resource nurses (GRNs) to participate in the monthly Geriatric Trauma Conference.

- Test: online at [NursingCenter.com](#)
- Test instructions included with article
- Cost: \$ 21.95 (USD)
- Registration deadline: December 30, 2017
- Valid for **2.0 accredited hours**

HEART FAILURE

Cavalier, D. K. and L. Sickels. (2015). "[The fundamentals of reducing HF readmissions](#)." Nursing Management **46**(11): 16-22.

The article explores the basics of reducing heart failure (HF) readmissions. Topics discussed include frequent hospitalizations resulting from the inability of patients to receive the required medical regimen and follow lifestyle modifications and typical disease trajectory for HF. The need for patient monitoring, the creation of a critical pathway, and improved education are mentioned.

- Test: online at [NursingCenter.com](#)
- Test instructions: (2015). "[The fundamentals of reducing HF readmissions](#)." Nursing Management **46**(11): 22-23.
- Cost: \$ 17.95 (USD)
- Registration deadline: November 30, 2017
- Valid for **1.5 accredited hours**

LEADERSHIP

Elwell, S. M., and A. N. Elikofer. (2015). "[Defining Leadership in a Changing Time](#)." *Journal of Trauma Nursing* **22**(6): 312-314.

The article discusses leadership within the trauma nurse profession. It emphasizes that in order to be a good leader in the middle of a stressful trauma environment, a trauma nurse should have the ability to influence others and drive outcomes, must have a clear understanding on the status of one's organization and of the health care climate, and must be familiar with the health policy that impacts trauma care and the resources that are available for injured patients.

- Test: online at [NursingCenter.com](#)
- Test instructions included with article
- Cost: \$ 19.95 (USD)
- Registration deadline: December 30, 2017
- Valid for **2.5 accredited hours**

MULTIPLE SCLEROSIS

Buhse, M. (2015). "[The Elderly Person With Multiple Sclerosis: Clinical Implications for the Increasing Life-Span](#)." *Journal of neuroscience nursing* **47**(6): 333-339.

Multiple sclerosis (MS) is a chronic, unpredictable, progressive, and disabling autoimmune disease with significant neurodegenerative and inflammatory components. To effectively treat and care for older persons with MS, it is essential to examine the factors associated with a decrease in their quality of life. Typically, MS is diagnosed between 20 and 50 years old. Although not a fatal disease, the natural history data of persons with MS reveal survival approximately 38 years after diagnosis. With the advent of disease-modifying therapies, life-span has increased substantially over the past 2 decades among people with MS. Approximately 90% of people with MS now in their 20s may live into their 70s. Their quality of life as an older adult will be impacted by what we learn today. Currently, approximately a quarter of people with MS are mature adults over 65 years old. Older adults with MS are more likely to have a decreased health-related quality of life (HRQOL). HRQOL is a multidimensional construct that refers to an individual's physical functioning, ability to perform activities of daily living, sense of well-being, satisfaction with life, perception of psychological status, and social functioning. This article focuses on the current literature in HRQOL in older persons with MS. A specific aim is to examine the factors associated with a decreased QOL in older persons with MS. Nursing screening and implementation of interventions that may reduce these factors and improve function of patients will be discussed. Although measures to improve HRQOL do not substitute for treatment of the disease, knowledge of factors that reduce HRQOL is essential to understand patient perceptions of their health and disease.

- Test: online at [NursingCenter.com](#)
- Test instructions: (2015). "[CE Test](#)." *Journal of Neuroscience Nursing* **47**: E1-E1
- Cost: \$ 24.95 (USD)
- Registration deadline: December 31, 2017
- Valid for **2.5 accredited hours**

PROFESSIONAL COMPETENCE

O'Brien, J. E., D. Hagler, et al. (2015). "[Designing Simulation Scenarios to Support Performance Assessment Validity.](#)" *Journal of Continuing Education in Nursing* **46**(11): 492-498.

This article advances and demonstrates a validation process to guide the development of health care simulation scenarios for assessing performance competency. The development and evaluation of each scenario used in a simulation-based competency assessment must be based on multiple sources of evidence that support the validity of the assessment for its intended use. Procedures are proposed to optimize the validity of simulation-based assessments by linking the scenario directly to the instrument and using a systematic approach for gathering and processing input from experts in the field. This validation process is then applied to the development of an original scenario for use in an assessment of nursing competency that targets objectives through patient simulation scenarios scored by multiple raters. *J Contin Educ Nurs.* 2015;46(11):492-498.

- Test: online at [Villanova University Website](#)
- Test instructions: (2015). "[CNE QUIZ.](#)" *Journal of Continuing Education in Nursing* **46**(11): 499-500.
- Cost: \$ 20.00 (USD)
- Registration deadline: October 31, 2018
- Valid for **1.2 accredited hours**

TRACHEOSTOMY

Morris, L. L., A. M. Bedon, et al. (2015). "[Restoring Speech to Tracheostomy Patients.](#)" *Critical Care Nurse* **35**(6): 13-28.

Tracheostomies may be established as part of an acute or chronic illness, and intensive care nurses can take an active role in helping restore speech in patients with tracheostomies, with focused nursing assessments and interventions. Several different methods are used to restore speech, whether a patient is spontaneously breathing, ventilator dependent, or using intermittent mechanical ventilation. Restoring vocal communication allows patients to fully express themselves and their needs, enhancing patient satisfaction and quality of life.

- Test: Included with article
- Cost: free for AACN members, \$ 10.00 (USD) for non-members
- Registration deadline: December 1, 2018
- Valid for **1.0 accredited hour**

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